

Helen Windsor 10k

Finisher List 10k

TotalRank	Bib	Name	Club	Sex	AG	AgeRank	Time	NetTime
1.	248	Joe Sagar	Spensborough & Dist AC	m	Senior Men	1.	0:34:12.0	0:34:12.0
2.	296	Chris Williams	Queensbury Running	m	Senior Men	2.	0:35:29.0	0:35:28.0
3.	102	Michael	Halifax Harriers & AC	m	Senior Men	3.	0:35:38.0	0:35:38.0
4.	118	Mark Hall	Otley AC	m	Seniors M55	1.	0:36:21.0	0:36:21.0
5.	148	Tom Jagger	Stadium Runners	m	Seniors M35	1.	0:36:40.0	0:36:38.0
6.	90	Andrew	Stadium Runners	m	Seniors M35	2.	0:37:32.0	0:37:30.0
7.	120	Stephen Hall	Stainland Lions	m	Senior Men	4.	0:37:40.0	0:37:39.0
8.	39	Jonny	Stainland Lions	m	Seniors M45	1.	0:37:48.0	0:37:48.0
9.	241	Edward	Spensborough & Dist AC	m	Seniors M40	1.	0:38:07.0	0:38:07.0
10.	136	Nigel Hockin	None affiliated	m	Senior Men	5.	0:38:14.0	0:38:13.0
11.	267	Sean Suttle	Sowerby Bridge Snails	m	Senior Men	6.	0:38:26.0	0:38:25.0
12.	138	Liam Hood	None affiliated	m	Male U18	1.	0:38:33.0	0:38:32.0
13.	35	Richard	Todmorden Harriers	m	Seniors M45	2.	0:38:58.0	0:38:58.0
14.	311	Paul Hiley	Stainland Lions	m	Seniors M50	1.	0:39:03.0	0:39:02.0
15.	97	Dean Furniss	Hallamshire Harriers	m	Seniors M45	3.	0:39:12.0	0:39:12.0
16.	286	Jamie	Stainland Lions	m	Seniors M45	4.	0:39:17.0	0:39:15.0
17.	256	Gerard	Spensborough & Dist AC	m	Seniors M40	2.	0:39:20.0	0:39:19.0
18.	254	Lee Shaw	Queensbury Running	m	Seniors M35	3.	0:39:23.0	0:39:23.0
19.	94	Matt	Todmorden Harriers	m	Seniors M45	5.	0:39:28.0	0:39:27.0
20.	274	Sean	Stainland Lions	m	Seniors M50	2.	0:39:31.0	0:39:31.0
21.	206	Jonathan	Sowerby Bridge Snails	m	Senior Men	7.	0:39:33.0	0:39:33.0
22.	47	Mick Clifford		m	Senior Men	8.	0:39:43.0	0:39:42.0
23.	9	Joe Baker	Stadium Runners	m	Senior Men	9.	0:39:45.0	0:39:42.0
24.	124	Darren	Holmfirth Harriers AC	m	Seniors M50	3.	0:39:52.0	0:39:51.0
25.	299	Johanna	Halifax Harriers & AC	f	Seniors W40	1.	0:40:04.0	0:40:03.0
26.	107	Chris	Todmorden Harriers	m	Seniors M35	4.	0:40:09.0	0:40:08.0
27.	312	Matt Carter		m	Seniors M45	6.	0:40:13.0	0:40:10.0
28.	308	Peter Lloyd	Keighley & Craven AC	m	Seniors M35	5.	0:40:19.0	0:40:18.0
29.	153	Donald	Longwood Harriers AC	m	Seniors M50	4.	0:40:20.0	0:40:18.0
30.	55	Claire Cooper	Keighley & Craven AC	f	Seniors W35	1.	0:40:21.0	0:40:18.0
31.	319	Andrew	Dewsbury Road	m	Seniors M50	5.	0:40:27.0	0:40:25.0
32.	68	Cath Dawson	Halifax Harriers & AC	f	Seniors W45	1.	0:40:29.0	0:40:28.0
33.	144	David Ingle	Halifax Harriers & AC	m	Seniors M50	6.	0:40:44.0	0:40:41.0
34.	18	Margaret	Stainland Lions	f	Seniors W35	2.	0:40:50.0	0:40:49.0
35.	222	Damien	Stainland Lions	m	Seniors M35	6.	0:40:52.0	0:40:51.0
36.	201	Craig Miller	Stainland Lions	m	Seniors M45	7.	0:41:02.0	0:41:01.0
37.	30	Tim Brook	Northowram Pumas	m	Seniors M35	7.	0:41:07.0	0:41:07.0
38.	161	David	York Acorn Running	m	Seniors M60	1.	0:41:21.0	0:41:19.0
39.	62	Mark	Halifax Harriers & AC	m	Seniors M55	2.	0:41:33.0	0:41:32.0
40.	32	Rob Brooke	Stadium Runners	m	Seniors M50	7.	0:41:43.0	0:41:41.0
41.	8	Andy Baird	Stainland Lions	m	Seniors M40	3.	0:41:52.0	0:41:49.0
42.	11	Deke Banks	Northowram Pumas	m	Senior Men	10.	0:42:03.0	0:42:01.0
43.	56	Craig Cooper	Keighley & Craven AC	m	Seniors M45	8.	0:42:16.0	0:42:14.0
44.	400	Matthew Kelly	Acre Street Runners	m	Seniors M35	8.	0:42:21.0	0:42:19.0
45.	79	Darren	Stadium Runners	m	Seniors M40	4.	0:42:22.0	0:42:19.0
46.	306	Harry	Halifax Harriers & AC	m	Male U16	1.	0:42:22.0	0:42:20.0
47.	151	Paul Kelly	None affiliated	m	Seniors M40	5.	0:42:24.0	0:42:19.0
48.	183	Beth Massey	Barnsley Athletic Club	f	Seniors W45	2.	0:42:25.0	0:42:22.0
49.	314	Ian Rogers	Stadium Runners	m	Seniors M55	3.	0:42:30.0	0:42:27.0
50.	298	Neil Windle	Queensbury Running	m	Seniors M45	9.	0:42:35.0	0:42:34.0
51.	37	Duncan	Todmorden Harriers	m	Seniors M35	9.	0:42:38.0	0:42:34.0
52.	125	James Harris	Stainland Lions	m	Seniors M40	6.	0:42:39.0	0:42:37.0

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TotalRank	Bib	Name	Club	Sex	AG	AgeRank	Time	NetTime
53.	263	Andrew Stott	Queensbury Running	m	Seniors M45	10.	0:42:43.0	0:42:42.0
54.	119	Lucie Hall	Halifax Harriers & AC	f	Female U16	1.	0:42:45.0	0:42:43.0
55.	250	Alan	Sowerby Bridge Snails	m	Seniors M40	7.	0:42:57.0	0:42:49.0
56.	160	Andrew Laird	Stainland Lions	m	Seniors M45	11.	0:43:20.0	0:43:18.0
57.	217	Sarah	Keighley & Craven AC	f	Seniors W40	2.	0:43:21.0	0:43:18.0
58.	28	Paul	Todmorden Harriers	m	Seniors M50	8.	0:43:28.0	0:43:28.0
59.	73	Derek Doyle	Stainland Lions	m	Seniors M45	12.	0:43:31.0	0:43:30.0
60.	126	Andy Haslam	Northowram Pumas	m	Seniors M45	13.	0:43:35.0	0:43:31.0
61.	262	Will Stewart	Halifax Harriers & AC	m	Senior Men	11.	0:43:38.0	0:43:22.0
62.	21	Steve	Holmfirth Harriers AC	m	Seniors M55	4.	0:43:43.0	0:43:42.0
63.	302	Andy Wright	Sowerby Bridge Snails	m	Seniors M40	8.	0:43:44.0	0:43:43.0
64.	44	Stephen	Dewsbury Road	m	Seniors M50	9.	0:43:48.0	0:43:43.0
65.	67	Mark Davies	Stadium Runners	m	Seniors M55	5.	0:43:49.0	0:43:46.0
66.	31	Richard Brook	Queensbury Running	m	Seniors M40	9.	0:43:55.0	0:43:53.0
67.	145	John Ingles	Stainland Lions	m	Seniors M45	14.	0:43:58.0	0:43:55.0
68.	176	Rob	Halifax Harriers & AC	m	Seniors M45	15.	0:44:00.0	0:43:55.0
69.	277	Chris Tomes	Keighley & Craven AC	m	Seniors M60	2.	0:44:15.0	0:44:13.0
70.	133	Robert Hick	Halifax Harriers & AC	m	Seniors M60	3.	0:44:18.0	0:44:13.0
71.	186	Peter	Halifax Harriers & AC	m	Seniors M45	16.	0:44:20.0	0:44:09.0
72.	213	Ian Ogden	Spensborough & Dist AC	m	Seniors M45	17.	0:44:21.0	0:44:20.0
73.	276	Michael		m	Seniors M45	18.	0:44:25.0	0:44:20.0
74.	13	Carl Barker	None affiliated	m	Seniors M40	10.	0:44:28.0	0:44:19.0
75.	17	Rachael	Halifax Harriers & AC	f	Seniors W45	3.	0:44:37.0	0:44:32.0
76.	80	Andrew	Stainland Lions	m	Seniors M40	11.	0:44:43.0	0:44:42.0
77.	331	Clive		m	Seniors M45	19.	0:44:46.0	0:44:35.0
78.	209	Les Newby	Acre Street Runners	m	Seniors M45	20.	0:44:46.0	0:44:42.0
79.	242	Graham	Queensbury Running	m	Seniors M50	10.	0:44:47.0	0:44:45.0
80.	175	Kevin Lusk	Halifax Harriers & AC	m	Seniors M55	6.	0:44:48.0	0:44:44.0
81.	272	Dan Taylor	Todmorden Harriers	m	Seniors M35	10.	0:44:53.0	0:44:50.0
82.	26	Melanie	Todmorden Harriers	f	Seniors W50	1.	0:44:59.0	0:44:56.0
83.	117	Lisa Hale	Sandhurst Joggers	f	Seniors W35	3.	0:45:10.0	0:45:05.0
84.	309	Terry Hyland	Huddersfield Road	m	Seniors M60	4.	0:45:15.0	0:45:12.0
85.	139	Stefanie	Stainland Lions	f	Seniors W35	4.	0:45:15.0	0:45:12.0
86.	202	Ian Mitchell	Longwood Harriers AC	m	Seniors M65	1.	0:45:19.0	0:45:14.0
87.	216	James	Halifax Harriers & AC	m	Seniors M40	12.	0:45:21.0	0:45:16.0
88.	177	Andrew	Stainland Lions	m	Seniors M40	13.	0:45:21.0	0:45:18.0
89.	112	Ashleigh	Stadium Runners	f	Senior Women	1.	0:45:22.0	0:45:19.0
90.	188	Darren	Stadium Runners	m	Seniors M35	11.	0:45:29.0	0:45:26.0
91.	60	Neil Coupe	Northowram Pumas	m	Seniors M45	21.	0:45:46.0	0:45:34.0
92.	281	Chris	Huddersfield Road	m	Seniors M40	14.	0:45:50.0	0:45:45.0
93.	109	Paul	Halifax Harriers & AC	m	Seniors M55	7.	0:45:58.0	0:45:53.0
94.	231	Mark Preston	Stainland Lions	m	Seniors M50	11.	0:46:05.0	0:46:02.0
95.	232	Stuart	Keighley & Craven AC	m	Seniors M35	12.	0:46:12.0	0:46:08.0
96.	23	Joanne Bhanji	None affiliated	f	Senior Women	2.	0:46:17.0	0:46:09.0
97.	91	Gaby Ferris	Stainland Lions	f	Seniors W45	4.	0:46:26.0	0:46:24.0
98.	51	David Collins	Sowerby Bridge Snails	m	Seniors M45	22.	0:46:34.0	0:46:31.0
99.	316	Gerry	Stainland Lions	m	Seniors M55	8.	0:46:42.0	0:46:40.0
100.	2	William Allan	Tadcaster Harriers	m	Seniors M70	1.	0:46:43.0	0:46:35.0
101.	257	Chris Smart	Sowerby Bridge Snails	m	Seniors M35	13.	0:46:46.0	0:46:44.0
102.	305	Sarah Glyde	Todmorden Harriers	f	Seniors W40	3.	0:46:48.0	0:46:41.0
103.	20	Hazel Berrett	Halifax Harriers & AC	f	Seniors W55	1.	0:46:49.0	0:46:43.0
104.	203	Andrew	Hyde Park Harriers	m	Seniors M40	15.	0:46:54.0	0:46:49.0

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105.	93	Hanni Fisher	Halifax Harriers & AC	f	Senior Women	3.	0:46:58.0	0:46:47.0
106.	283	Graham	Spensorborough & Dist AC	m	Seniors M65	2.	0:47:05.0	0:47:02.0
107.	260	Richard Smith	Sowerby Bridge Snails	m	Seniors M40	16.	0:47:09.0	0:47:08.0
108.	71	Lee Dolman	Spensorborough & Dist AC	m	Seniors M45	23.	0:47:11.0	0:47:05.0
109.	89	David Farrar	Stainland Lions	m	Seniors M55	9.	0:47:12.0	0:47:10.0
110.	167	Tom Lever	None affiliated	m	Seniors M35	14.	0:47:13.0	0:47:00.0
111.	142	Bridget	Stadium Runners	f	Seniors W60	1.	0:47:15.0	0:47:09.0
112.	313	John Cottam	Stadium Runners	m	Seniors M60	5.	0:47:16.0	0:47:09.0
113.	218	Richard	Halifax Harriers & AC	m	Seniors M35	15.	0:47:20.0	0:47:15.0
114.	212	Martin O'Brien	Stainland Lions	m	Seniors M55	10.	0:47:20.0	0:47:13.0
115.	210	Matt Newton	Northowram Pumas	m	Senior Men	12.	0:47:26.0	0:47:13.0
116.	237	Peter Reason	Northowram Pumas	m	Seniors M45	24.	0:47:30.0	0:47:20.0
117.	81	Kirsty	Northowram Pumas	f	Seniors W45	5.	0:47:30.0	0:47:21.0
118.	327	Aileen	Stainland Lions	f	Seniors W65	1.	0:47:35.0	0:47:29.0
119.	74	Gareth	Stainland Lions	m	Seniors M40	17.	0:47:35.0	0:47:27.0
120.	282	Maria Walker	Keighley & Craven AC	f	Seniors W50	2.	0:47:46.0	0:47:39.0
121.	24	Craig	Queensbury Running	m	Seniors M35	16.	0:47:47.0	0:47:38.0
122.	287	Steve	Acre Street Runners	m	Seniors M50	12.	0:47:48.0	0:47:39.0
123.	57	Paul Corns	Stainland Lions	m	Seniors M45	25.	0:47:50.0	0:47:42.0
124.	178	Jodie	Stainland Lions	f	Senior Women	4.	0:47:59.0	0:47:53.0
125.	224	Craig Phillips	None affiliated	m	Seniors M35	17.	0:47:59.0	0:47:54.0
126.	190	Elizabeth	Northowram Pumas	f	Seniors W40	4.	0:48:08.0	0:47:58.0
127.	82	Peter Ellerton	Bingley Harriers & AC	m	Seniors M70	2.	0:48:19.0	0:48:11.0
128.	171	Jonny Lister	Halifax Harriers & AC	m	Seniors M45	26.	0:48:25.0	0:48:13.0
129.	154	Rob Kersey	Holmfirth Harriers AC	m	Seniors M65	3.	0:48:37.0	0:48:29.0
130.	76	Michael	Stainland Lions	m	Seniors M40	18.	0:48:46.0	0:48:40.0
131.	270	Nigel Taylor	Halifax Harriers & AC	m	Seniors M45	27.	0:48:57.0	0:48:46.0
132.	295	Mark Williams	Todmorden Harriers	m	Seniors M40	19.	0:49:05.0	0:48:56.0
133.	304	Richard	Halifax Harriers & AC	m	Seniors M50	13.	0:49:07.0	0:49:01.0
134.	321	Andrew Pigg		m	Seniors M55	11.	0:49:15.0	0:49:07.0
135.	66	Cat Daniel	Stainland Lions	f	Senior Women	5.	0:49:19.0	0:49:14.0
136.	324	Ian Beaumont	Stadium Runners	m	Seniors M55	12.	0:49:37.0	0:49:26.0
137.	86	Sandra	Stadium Runners	f	Seniors W50	3.	0:49:41.0	0:49:36.0
138.	315	Emma Dooks	Keighley & Craven AC	f	Seniors W50	4.	0:49:45.0	0:49:40.0
139.	165	David Leslie	Todmorden Harriers	m	Seniors M65	4.	0:49:49.0	0:49:39.0
140.	172	Joanna	Queensbury Running	f	Seniors W40	5.	0:49:54.0	0:49:47.0
141.	279	Shaun	None affiliated	m	Seniors M50	14.	0:49:57.0	0:49:47.0
142.	236	Steve Randall	None affiliated	m	Seniors M40	20.	0:49:58.0	0:49:56.0
143.	140	Ian Hoskins	Stainland Lions	m	Seniors M50	15.	0:49:59.0	0:49:52.0
144.	310	Grant Cooper	Spensorborough & Dist AC	m	Seniors M45	28.	0:50:18.0	0:50:11.0
145.	318	Chris Howarth		m	Seniors M40	21.	0:50:20.0	0:50:12.0
146.	50	Jane Cole	Northowram Pumas	f	Seniors W40	6.	0:50:21.0	0:50:11.0
147.	155	Jan King	Stainland Lions	m	Seniors M65	5.	0:50:24.0	0:50:09.0
148.	121	Steve Hallam	Stainland Lions	m	Seniors M55	13.	0:50:26.0	0:50:17.0
149.	134	John Hirst	Stainland Lions	m	Seniors M50	16.	0:50:37.0	0:50:28.0
150.	271	Gary Taylor	Sowerby Bridge Snails	m	Seniors M45	29.	0:50:40.0	0:50:31.0
151.	245	Michelle	Stainland Lions	f	Seniors W40	7.	0:50:41.0	0:50:35.0
152.	291	Mark	Sowerby Bridge Snails	m	Seniors M45	30.	0:50:46.0	0:50:41.0
153.	278	Andrew Tudor	Northowram Pumas	m	Seniors M40	22.	0:50:48.0	0:50:48.0
154.	158	Joanne	Stainland Lions	f	Seniors W45	6.	0:50:55.0	0:50:43.0
155.	265	Samantha	Halifax Harriers & AC	f	Seniors W40	8.	0:50:57.0	0:50:46.0
156.	303	Mark Yare	None affiliated	m	Seniors M45	31.	0:50:59.0	0:50:51.0

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157.	58	Nigel Corns	Halifax Harriers & AC	m	Seniors M50	17.	0:51:03.0	0:50:52.0
158.	135	Jeremy	None affiliated	m	Seniors M60	6.	0:51:16.0	0:51:09.0
159.	61	Ria Crabbe	None affiliated	f	Seniors W35	5.	0:51:17.0	0:51:04.0
160.	115	Sarah Haigh	None UKA affiliated	f	Seniors W40	9.	0:51:20.0	0:51:08.0
161.	152	David	None affiliated	m	Seniors M40	23.	0:51:29.0	0:51:23.0
162.	317	Jeff Ryan		m	Seniors M55	14.	0:51:36.0	0:51:27.0
163.	294	Simon	Northowram Pumas	m	Senior Men	13.	0:51:40.0	0:51:28.0
164.	208	William	None affiliated	m	Seniors M65	6.	0:51:43.0	0:51:40.0
165.	233	Daniel	Sowerby Bridge Snails	m	Senior Men	14.	0:51:46.0	0:51:45.0
166.	146	Darren Jack	Queensbury Running	m	Seniors M35	18.	0:51:50.0	0:51:41.0
167.	320	Michael	Huddersfield Road	m	Seniors M55	15.	0:51:51.0	0:51:46.0
168.	246	Heather	Todmorden Harriers	f	Seniors W35	6.	0:52:07.0	0:51:57.0
169.	52	Richard		m	Seniors M45	32.	0:52:08.0	0:51:55.0
170.	266	Christina	Stadium Runners	f	Seniors W35	7.	0:52:11.0	0:52:05.0
171.	70	Jonathan	Northowram Pumas	m	Seniors M50	18.	0:52:15.0	0:52:02.0
172.	4	Paris Amy	None affiliated	f	Senior Women	6.	0:52:22.0	0:52:11.0
173.	330	Paul Ghosh		m	Senior Men	15.	0:52:23.0	0:52:12.0
174.	307	Alan Sykes	Northowram Pumas	m	Seniors M65	7.	0:52:35.0	0:52:22.0
175.	182	Sallyann	Acre Street Runners	f	Seniors W50	5.	0:52:36.0	0:52:27.0
176.	43	Ken	Kimberworth Striders	m	Seniors M75	1.	0:52:49.0	0:52:44.0
177.	200	Keith Midgley	Halifax Harriers & AC	m	Seniors M60	7.	0:53:06.0	0:52:55.0
178.	132	Rob Hick	Sowerby Bridge Snails	m	Seniors M35	19.	0:53:10.0	0:53:03.0
179.	197	Sarah Meikle	Keighley & Craven AC	f	Seniors W40	10.	0:53:15.0	0:53:07.0
180.	95	Debbie Fox	Northowram Pumas	f	Seniors W40	11.	0:53:34.0	0:53:21.0
181.	49	Carole	Rothwell & District	f	Seniors W50	6.	0:53:41.0	0:53:34.0
182.	207	John Moore	Halifax Harriers & AC	m	Seniors M45	33.	0:53:48.0	0:53:30.0
183.	114	Lindsay Grix	Northowram Pumas	f	Senior Women	7.	0:53:58.0	0:53:46.0
184.	53	Joanne	Stainland Lions	f	Seniors W45	7.	0:54:19.0	0:54:14.0
185.	34	Joanne	Spenborough & Dist AC	f	Seniors W35	8.	0:54:23.0	0:54:15.0
186.	249	Gail Schofield	Stainland Lions	f	Seniors W45	8.	0:54:31.0	0:54:22.0
187.	83	Martin Ellis	Halifax Harriers & AC	m	Seniors M55	16.	0:54:35.0	0:54:25.0
188.	104	Sandy Gee	Stainland Lions	m	Seniors M55	17.	0:54:53.0	0:54:43.0
189.	229	John Pop	Pudsey Pacers RC	m	Seniors M55	18.	0:55:07.0	0:54:56.0
190.	196	Dawn	Stainland Lions	f	Seniors W55	2.	0:55:11.0	0:55:05.0
191.	157	Mark Kirkby	Northowram Pumas	m	Seniors M50	19.	0:55:12.0	0:54:58.0
192.	141	Dave Hudson	Stainland Lions	m	Seniors M60	8.	0:55:15.0	0:55:11.0
193.	116	Georgina	None affiliated	f	Seniors W40	12.	0:55:22.0	0:55:08.0
194.	198	Andrew	Northowram Pumas	m	Seniors M35	20.	0:55:28.0	0:55:14.0
195.	147	Helen	Northowram Pumas	f	Seniors W35	9.	0:55:39.0	0:55:28.0
196.	162	Luisa Lauren	Keighley & Craven AC	f	Seniors W50	7.	0:55:41.0	0:55:34.0
197.	78	Russell	None affiliated	m	Seniors M70	3.	0:55:58.0	0:55:55.0
198.	329	Paul Wallis	Stainland Lions	m	Seniors M40	24.	0:55:58.0	0:55:46.0
199.	137	Helen	Todmorden Harriers	f	Seniors W45	9.	0:56:20.0	0:56:10.0
200.	98	Simon Gadd	Stainland Lions	m	Seniors M50	20.	0:56:26.0	0:56:20.0
201.	275	Diane	Stainland Lions	f	Seniors W45	10.	0:56:28.0	0:56:23.0
202.	164	Chris Leese	None affiliated	m	Seniors M65	8.	0:56:32.0	0:56:18.0
203.	239	Sue Redhead	Keighley & Craven AC	f	Seniors W50	8.	0:56:45.0	0:56:37.0
204.	184	Liz Mather	Stadium Runners	f	Seniors W50	9.	0:56:58.0	0:56:51.0
205.	181	Russell	Acre Street Runners	m	Seniors M50	21.	0:57:01.0	0:56:51.0
206.	225	Paula	Stainland Lions	f	Seniors W45	11.	0:57:10.0	0:57:01.0
207.	230	Trish Popiolek	Pudsey Pacers RC	f	Seniors W60	2.	0:57:37.0	0:57:26.0
208.	234	Sue Radcliffe	Halifax Harriers & AC	f	Seniors W45	12.	0:57:44.0	0:57:35.0

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TotalRank	Bib	Name	Club	Sex	AG	AgeRank	Time	NetTime
209.	297	Sharon	Northowram Pumas	f	Seniors W35	10.	0:57:55.0	0:57:43.0
210.	223	Nicola	Northowram Pumas	f	Seniors W40	13.	0:57:55.0	0:57:42.0
211.	130	Ian	None affiliated	m	Seniors M45	34.	0:57:58.0	0:57:42.0
212.	129	Caroline	Sowerby Bridge Snails	f	Seniors W45	13.	0:57:58.0	0:57:43.0
213.	69	Linda Devine	Stainland Lions	f	Seniors W55	3.	0:58:01.0	0:57:54.0
214.	168	Virginia Lewin	Halifax Harriers & AC	f	Seniors W65	2.	0:58:20.0	0:58:13.0
215.	101	Rachel Gasior	Keighley & Craven AC	f	Seniors W40	14.	0:58:22.0	0:58:14.0
216.	173	Carol Lord	Stainland Lions	f	Seniors W55	4.	0:58:30.0	0:58:20.0
217.	192	Sally	Stainland Lions	f	Seniors W40	15.	0:58:35.0	0:58:29.0
218.	240	Mark	Keighley & Craven AC	m	Seniors M55	19.	0:58:39.0	0:58:26.0
219.	159	Jodie	Northowram Pumas	f	Senior Women	8.	0:58:44.0	0:58:31.0
220.	27	Karen	None affiliated	f	Seniors W50	10.	0:58:58.0	0:58:48.0
221.	235	Anna Ralph	Northowram Pumas	f	Seniors W35	11.	0:59:10.0	0:58:56.0
222.	33	Julie Browne	Sowerby Bridge Snails	f	Seniors W50	11.	0:59:17.0	0:59:01.0
223.	110	Nichola	Sowerby Bridge Snails	f	Seniors W35	12.	0:59:20.0	0:59:04.0
224.	100	Verity Garside	None affiliated	f	Seniors W35	13.	0:59:23.0	0:59:08.0
225.	19	Hannah	Sowerby Bridge Snails	f	Senior Women	9.	0:59:23.0	0:59:08.0
226.	253	Gill Shannon	Sowerby Bridge Snails	f	Seniors W50	12.	0:59:29.0	0:59:14.0
227.	238	Charlotte	Northowram Pumas	f	Female U18	1.	0:59:39.0	0:59:28.0
228.	41	Susan Cash	Stainland Lions	f	Seniors W50	13.	0:59:56.0	0:59:49.0
229.	264	Shona	None affiliated	f	Senior Women	10.	0:59:57.0	0:59:47.0
230.	38	Jamie	None affiliated	m	Senior Men	16.	1:00:00.0	0:59:45.0
231.	3	Jo Allen	Northowram Pumas	f	Seniors W45	14.	1:00:03.0	0:59:50.0
232.	204	Kirsteen	None affiliated	f	Seniors W40	16.	1:00:04.0	0:59:49.0
233.	127	Lesley	Stainland Lions	f	Seniors W65	3.	1:00:15.0	1:00:03.0
234.	185	Karen Matos	Northowram Pumas	f	Seniors W45	15.	1:00:50.0	1:00:35.0
235.	45	Abi Clark	Sowerby Bridge Snails	f	Senior Women	11.	1:00:52.0	1:00:37.0
236.	326	Michael		m	Senior Men	17.	1:01:03.0	1:00:48.0
237.	169	Tiffany Lewis	Northowram Pumas	f	Seniors W45	16.	1:01:04.0	1:00:54.0
238.	193	Catherine	Stainland Lions	f	Seniors W45	17.	1:01:10.0	1:01:03.0
239.	215	Joanne	Spensborough & Dist AC	f	Seniors W45	18.	1:01:15.0	1:01:08.0
240.	252	Jason Scott	None affiliated	m	Seniors M50	22.	1:01:18.0	1:01:05.0
241.	325	Dawn Dutton		f	Seniors W50	14.	1:01:27.0	1:01:06.0
242.	156	Ella King	Sowerby Bridge Snails	f	Senior Women	12.	1:01:37.0	1:01:23.0
243.	131	Wendy Hewitt	Northowram Pumas	f	Seniors W35	14.	1:01:53.0	1:01:39.0
244.	96	Suzanne	Sowerby Bridge Snails	f	Seniors W40	17.	1:01:54.0	1:01:38.0
245.	194	Caroline	Bingley Harriers & AC	f	Seniors W45	19.	1:02:26.0	1:02:13.0
246.	195	Bruce McNeill	Bingley Harriers & AC	m	Seniors M45	35.	1:02:26.0	1:02:12.0
247.	328	Joy Shaw		f	Seniors W50	15.	1:02:39.0	1:02:30.0
248.	269	Julie Talbot	None affiliated	f	Seniors W45	20.	1:02:41.0	1:02:25.0
249.	111	Judith	Stainland Lions	f	Seniors W70	1.	1:03:03.0	1:02:51.0
250.	285	Myra Wells	Todmorden Harriers	f	Seniors W60	3.	1:03:30.0	1:03:14.0
251.	85	Shana	Northowram Pumas	f	Seniors W40	18.	1:04:00.0	1:03:49.0
252.	29	Carolyn	Northowram Pumas	f	Seniors W45	21.	1:04:25.0	1:04:12.0
253.	105	Alan Gibson	Stainland Lions	m	Seniors M50	23.	1:04:38.0	1:04:30.0
254.	16	Julia	Saltaire Striders	f	Seniors W55	5.	1:05:02.0	1:04:52.0
255.	293	Alex Whyte	Stainland Lions	f	Seniors W45	22.	1:05:09.0	1:04:59.0
256.	1	Manjit Ahir	Stainland Lions	f	Seniors W45	23.	1:05:31.0	1:05:24.0
257.	46	Kathryn	Northowram Pumas	f	Senior Women	13.	1:05:36.0	1:05:23.0
258.	42	Anne	Stainland Lions	f	Seniors W55	6.	1:05:45.0	1:05:35.0
259.	214	El Ogilvie	Sowerby Bridge Snails	f	Seniors W40	19.	1:05:56.0	1:05:40.0
260.	226	Sandra	Sowerby Bridge Snails	f	Seniors W55	7.	1:06:04.0	1:05:48.0

Helen Windsor 10k

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TotalRank	Bib	Name	Club	Sex	AG	AgeRank	Time	NetTime
261.	205	Anne Molloy	Sowerby Bridge Snails	f	Seniors W55	8.	1:06:04.0	1:05:48.0
262.	255	Helen	Stainland Lions	f	Seniors W40	20.	1:06:26.0	1:06:20.0
263.	166	Anthony	None affiliated	m	Seniors M65	9.	1:06:28.0	1:06:11.0
264.	14	Jackie Barker	Stainland Lions	f	Seniors W60	4.	1:07:01.0	1:06:51.0
265.	108	Julie Goddard	Stainland Lions	f	Seniors W40	21.	1:07:04.0	1:06:44.0
266.	289	Janet	None affiliated	f	Seniors W55	9.	1:07:09.0	1:06:54.0
267.	87	Wendy Evans	Sowerby Bridge Snails	f	Seniors W40	22.	1:07:19.0	1:07:03.0
268.	128	Carol	Stainland Lions	f	Seniors W55	10.	1:07:28.0	1:07:17.0
269.	72	Lisa Dowson	None affiliated	f	Seniors W35	15.	1:08:24.0	1:08:08.0
270.	301	Chaz	Sowerby Bridge Snails	f	Senior Women	14.	1:11:03.0	1:10:45.0
271.	150	Debbie	Sowerby Bridge Snails	f	Seniors W40	23.	1:11:19.0	1:11:04.0
272.	258	Jodie Smirh	Sowerby Bridge Snails	f	Seniors W35	16.	1:11:20.0	1:11:04.0
273.	64	Brian	Sowerby Bridge Snails	m	Seniors M75	2.	1:11:40.0	1:11:24.0
274.	221	Nicki Paynter	Sowerby Bridge Snails	f	Seniors W40	24.	1:19:00.0	1:18:45.0
275.	323	Charlotte	Sowerby Bridge Snails	f	Senior Women	15.	1:19:00.0	1:18:43.0
276.	322	Andrew Settle	Sowerby Bridge Snails	m	Seniors M50	24.	1:19:03.0	1:18:45.0
277.	288	Hilary	Horsforth Harriers	f	Seniors W75	1.	1:19:46.0	1:19:29.0
278.	22	Lorna Berry	Sowerby Bridge Snails	f	Seniors W40	25.	1:20:21.0	1:20:05.0
279.	228	Julie Pollard	Sowerby Bridge Snails	f	Seniors W45	24.	1:20:21.0	1:20:05.0
280.	268	Emma Suttle	Sowerby Bridge Snails	f	Senior Women	16.	1:27:58.0	1:27:53.0
281.	251	Katharine	Sowerby Bridge Snails	f	Seniors W35	17.	1:27:58.0	1:27:40.0
282.	191	Pam McGhee	Sowerby Bridge Snails	f	Seniors W55	11.	1:27:58.0	1:27:40.0
283.	113	Adele Gribbin	None affiliated	f	Seniors W45	25.	1:27:58.0	1:27:40.0
284.	227	Joanne	Sowerby Bridge Snails	f	Seniors W45	26.	1:27:58.0	1:27:41.0

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