

## Yorkshire Vets AA Grand Prix Race 4, Northowram

Results - 2023 July 13

### Women

Pos	#	Name	Cat	Club	Time	Points
1	308	Niamh Jackson	F40	North Leeds Fell	41:38	150
2	361	Joanne Horan	F40	Queensbury	42:15	149
3	120	Anna Keys	F40	Pudsey Pacers	44:35	148
4	190	Shona Stone	F50	Bingley	45:52	147
5	194	Lisa Butterill	F45	Pudsey Pacers	47:58	146
6	461	Jo Heaton	F35	Roundhay Runners	49:33	145
7	291	Donna Kaznowska	F40	Baildon	50:25	144
8	289	Becky Lawrence	F45	Horsforth	50:35	143
9	513	Suzanne Patterson	F50	Stainland	50:48	142
10	327	Louise O'Brien	F50	Fellandale	51:05	141
11	258	Bev Elliott	F45	Horsforth	51:35	140
12	283	Alison Smith	F50	Abbey Runners	51:50	139
13	127	Helen Armitage	F55	Stainland	52:08	138
14	11	Aileen Baldwin	F70	Stainland	52:28	137
15	261	Andrea Douglas	F45	Bramley Breezers	52:32	136
16	152	Michelle Smith	F40	Slaithwaite Striders	53:15	135
17	66	Jodie Knowles	F40	Northowram Pumas	53:24	134
18	180	Sally Caton	F50	Stainland	53:58	133
19	109	Diane Baldwin	F65	Holmfirth	54:10	132
20	154	Joanna Lockwood	F45	Queensbury	54:14	131
21	37	Vicky McCreadie	F45	Bramley Breezers	54:59	130
22	106	Helen Hudson	F55	Stainland	55:12	129
23	475	Victoria Hough-Jones	F35	Farsley Flyers	55:24	128
24	32	Carole Fryer	F55	Queensbury	55:27	127
25	465	Marion Muir	F45	Fellandale	55:40	126
26	136	Paula Snee	F50	Northowram Pumas	55:44	125
27	18	Sharon Bottomley	F40	South Leeds Lakers	55:52	124
28	460	Clare Hancock	F45	Slaithwaite Striders	55:54	123
29	49	Emer Dudley	F60	Roberttown	55:56	122
30	132	Laura Davis	F35	Bramley Breezers	56:13	121
31	486	Angela Lee	F60	Stainland	56:25	120
32	265	Ruth Hodgson	F45	Horsforth	56:31	119
33	225	Caren Crabtree	F45	Bingley	57:11	118
34	319	Hazel Fenton	F40	Horsforth	57:32	117
35	497	Cat Daniel	F40	Stainland	57:44	116
36	499	Kathy Armitage	F50	Stadium Runners	57:55	115
37	40	Gabriella Kenny	F50	Northowram Pumas	58:08	114
38	295	Lisa Heath	F55	Pudsey Pacers	58:20	113
39	164	Sarah Anderton	F55	Baildon	58:59	112
40	131	Alison Dace	F50	Bramley Breezers	60:01	111
41	129	Claire Haigh	F35	Stainland	60:49	110
42	318	Janet Ashton	F55	Pudsey Pacers	61:00	109
43	122	Paula Pickersgill	F55	Stainland	61:23	108
44	137	Donna Swales	F40	Abbey Runners	61:40	107
45	483	Dveirel Kovalsky González	F45	Pudsey Pacers	61:42	106
46	422	Susan Marsland	F60	Slaithwaite Striders	61:48	105
47	366	Louise Rigby	F50	Slaithwaite Striders	62:33	104
48	297	Katherine Penrose	F70	St Theresa's	63:22	103
49	146	Anna Sweeney	F50	Horsforth	63:54	102
50	56	Denise Johnson	F60	Baildon	63:55	101

51	175	Lynne Barrett	F65	Pudsey Pacers	64:04	100
52	90	Natalie Provan	F35	Northowram Pumas	64:05	99
53	266	Gini Knight	F60	Horsforth	64:08	98
54	315	Michelle Parker	F35	South Leeds Lakers	64:15	97
55	192	Rachel Draper	F35	Slaithwaite Striders	64:36	96
56	433	Helen Mann	F60	Rothwell	64:48	95
57	336	Hilary Taylor	F50	Pudsey Pacers	64:52	94
58	47	Sarah Papadimos	F55	Horsforth	65:04	93
59	478	Christine Gale	F50	Stainland	65:05	92
60	277	Diane Williams	F50	Baildon	65:06	91
61	449	Janet Hartley	F60	Rothwell	65:36	90
62	187	Andrea Lawton-Hyde	F40	Slaithwaite Striders	65:40	89
63	48	Carol Ramsden	F65	Horsforth	66:00	88
64	464	Nicola Cartwright	F40	Pudsey Pacers	66:03	87
65	41	Debbie Norris	F45	Dewsbury	66:04	86
66	209	Kate Walter	F60	Baildon	66:47	85
67	274	Heather Ellis	F50	Dewsbury	67:52	84
68	442	Sue Coates	F70	Baildon	67:57	83
69	44	Vicki Hipkiss	F55	Kirkstall	68:02	82
70	145	Pauline Thorp	F60	Horsforth	68:07	81
71	95	Shelagh Hopkinson	F65	Baildon	68:22	80
72	440	Geraldine Pugh	F40	Baildon	68:28	79
73	89	Tiffany Lewis	F50	Northowram Pumas	68:36	78
74	279	Carolyn Hargreaves	F65	Baildon	68:39	77
75	79	Linda Carey	F65	Baildon	68:46	76
76	173	Michelle Eyres	F60	Saltaire Striders	68:50	75
77	278	Katie Jones	F40	Pudsey Pacers	69:16	74
78	93	Cheryl Jepson	F35	Bingley	69:27	73
79	466	Amanda Newham	F55	Ilkley	69:29	72
80	62	Kelly Heathcote	F40	Saltaire Striders	69:30	71
81	103	Joanna Mingham	F65	Kirkstall	70:16	70
82	380	Urmila Mistry	F60	Saltaire Striders	70:51	69
83	186	Demelza Bottomley	F45	Northowram Pumas	73:11	68
84	439	Rosemary Ann Bavinton	F60	Baildon	74:01	67
85	272	Lindsay Johnson	F55	Pudsey Pacers	82:48	66
86	218	Anastasia Lincoln	F65	Affiliated Individual	0.00	65

### Men

1	151	Andy Smith	M40	Slaithwaite Striders	33:45	300
2	310	Philip Boynton	M35	Horsforth	34:58	299
3	178	Gavin Mulholland	M50	Stainland	35:18	298
4	506	Tomasz Pyznar	M35	Rothwell	37:04	297
5	374	Jack Cooper	M35	Pudsey Pacers	37:13	296
6	482	Tim Brook	M40	Holmfirth	37:31	295
7	31	Richard Herrington	M40	St Theresa's	37:46	294
8	202	Dave Smithers	M50	Knavesmire	37:48	293
9	502	Chris Hall	M35	Stainland	38:24	292
10	416	Simon Wells	M35	Kirkstall	38:26	291
11	503	Gavin Foster	M35	Stainland	38:35	290
12	470	Martin Klavon	M35	Northowram Pumas	38:37	289
13	314	Rob Furness	M40	Wharfedale	38:45	288
14	242	Tom Trousdale	M35	Bramley Breezers	38:59	287
15	450	Dimosthenis Evangelidis	M45	Wakefield	39:01	286
16	476	Nico Drinkwater	M45	Pudsey Pacers	39:08	285
17	63	Stuart Dunbar	M60	Saltaire Striders	39:18	284
18	428	Quentin Lewis	M45	Baildon	40:10	283
19	409	Cairn Morrison	M45	St Theresa's	40:28	282

20	488	Stephen Earle	M45	Northowram Pumas	40:48	281
21	156	Anthony Weston	M45	Bramley Breezers	40:56	280
22	448	Robert Thomas	M50	Bingley	41:16	279
23	498	Dan Marsden	M40	Stainland	41:08	278
24	340	Simon Glyn Jones	M50	Farsley Flyers	41:19	277
25	492	Russell MacFarlane	M35	Saltaire Striders	41:22	276
26	204	Richard Harrison	M40	South Leeds Lakers	41:39	275
27	86	Simon Purl	M45	South Leeds Lakers	41:57	274
28	459	Paul Martin Crabtree	M55	Bingley	42:24	273
29	166	Gerard Skippins	M45	Dewsbury	42:39	272
30	386	Rhys Brown	M35	Horsforth	42:49	271
31	248	Mark Hewitt	M40	Northowram Pumas	42:52	270
32	114	Matt Thornton	M40	Queensbury	43:08	269
33	91	Richard Butterwick	M50	Todmorden H	43:13	268
34	100	Simon Platts	M40	Holmfirth	43:32	267
35	495	Jamie Westwood	M50	Stainland	43:34	266
36	501	Jason Westmoreland	M55	Rothwell	43:38	265
37	69	Jon Holah	M60	Pudsey Pacers	43:40	264
38	78	Mark Orbell	M60	Pudsey Pacers	43:46	263
39	370	Matt Thurman	M35	Dewsbury	43:54	262
40	500	Owen Bayly	M40	Pudsey Pacers	44:01	261
41	417	Robert Stenhouse	M35	Dewsbury	44:09	260
42	484	Chris Readman	M40	Pudsey Pacers	44:18	259
43	174	Damien Pearson	M40	Stainland	44:24	258
44	124	Adam Moger	M45	Kirkstall	44:31	257
45	244	Steven Cook	M35	Slaithwaite Striders	44:50	256
46	479	Andrew Tudor	M45	Northowram Pumas	44:55	255
47	368	Duncan Pryce	M45	Bingley	45:01	254
48	317	Christophe Martyn	M55	Pudsey Pacers	45:11	253
49	481	Andy Haslam	M50	Northowram Pumas	45:33	252
50	505	Mark Pottinger	M40	Stainland	45:50	251
51	205	Martin Dearie	M50	Dewsbury	45:57	250
52	64	Luke Cranfield	M35	Northowram Pumas	46:05	249
53	138	Paul Craven	M55	Abbey Runners	46:13	248
54	168	Stewart Nichol	M40	St Theresa's	46:14	247
55	455	Adam Firth	M35	Bramley Breezers	46:16	246
56	329	Stephen Chapman	M55	Dewsbury	46:45	245
57	298	Richard Brook	M45	Queensbury	46:46	244
58	170	Jim Harris	M50	Stainland	46:51	243
59	238	Emil Andrews	M45	Pudsey & Bramley	46:52	242
60	383	Graham Prince	M50	Bramley Breezers	47:16	241
61	302	David Booth	M60	Pudsey Pacers	47:46	240
62	84	Graham Kitchen	M60	South Leeds Lakers	47:53	239
63	196	Graeme Kay	M40	Baildon	48:01	238
64	210	Neil Wallace	M45	Pudsey & Bramley	48:03	237
65	98	Robin Graham	M50	Baildon	48:09	236
66	10	Paul Patrick	M55	Stainland	48:30	235
67	299	Mark Crabtree	M60	Halifax	48:37	234
68	350	John Calvert	M55	Dewsbury	48:50	233
69	233	Martin Wood	M60	Stainland	49:02	232
70	116	Mark Preston	M60	Stainland	49:09	231
71	117	Glyn Mitchell	M55	Slaithwaite Striders	49:13	230
72	393	Kieran O'Brien	M45	South Leeds Lakers	49:32	229
73	245	David Brooks	M55	Pudsey Pacers	50:09	228
74	239	Philip Lonsdale	M55	Pudsey Pacers	50:12	227
75	452	Richard Haigh	M55	Pudsey Pacers	50:19	226
76	276	Simon Wilkinson	M35	Northowram Pumas	50:35	225
77	504	Mark Gregory	M60	Rothwell	50:40	224
78	511	Chris Simpson	M40	Pudsey Pacers	50:48	223

79	19	Steven Marsland	M55	Slaithwaite Striders	50:57	222
80	61	John Ward	M70	Abbey Runners	50:59	221
81	226	Dave Burdon	M65	Pudsey Pacers	51:02	220
82	25	Stephen Woods	M65	Pudsey Pacers	51:11	219
83	240	Melvin Thompson	M50	Roberttown	51:20	218
84	411	David McNamara	M50	Morley	51:22	217
85	199	Steve Hallam	M60	Stainland	51:25	216
86	82	Darren Smith	M50	Slaithwaite Striders	51:26	215
87	256	Andrew Paterson	M55	Queensbury	51:26	214
88	427	Martyn Jones	M45	South Leeds Lakers	51:34	213
89	509	Jason Beckett	M50	Bingley	51:41	212
90	489	Kirk Douglas	M55	Farsley Flyers	51:49	211
91	5	Kevin Yewlett	M70	Holmfirth	51:56	210
92	142	Stephen Hetherington	M60	Saltaire Striders	51:58	209
93	181	Mark Bestwick	M45	Pudsey Pacers	52:12	208
94	207	Paul Bennett	M60	Bramley Breezers	52:18	207
95	287	John Sutton	M45	South Leeds Lakers	52:31	206
96	88	David Leaf	M70	Saltaire Striders	52:33	205
97	65	Tom O'Reilly	M40	Northowram Pumas	52:37	204
98	17	Nigel Shaw	M60	Baildon	52:39	203
99	369	Paul Sayers	M50	Morley	52:47	202
100	480	Alan Sykes	M70	Northowram Pumas	53:21	201
101	139	Richard Burgess	M50	South Leeds Lakers	53:27	200
102	217	Andrew Johnson	M65	Knavesmire	53:34	199
103	491	Stephen Fry	M60	Bingley	53:42	198
104	496	Hélder Gonçalves	M45	Bingley	53:46	197
105	273	Simon Cope	M45	Dewsbury	53:47	196
106	28	Neil Fairburn	M60	Baildon	54:00	195
107	67	Jonathan Knowles	M40	Northowram Pumas	54:05	194
108	337	Maris Basko	M40	Bramley Breezers	54:11	193
109	143	Steve Bond	M45	Pudsey Pacers	54:38	192
110	60	Anthony David Dickinson	M65	Knavesmire	54:41	191
111	507	Steven Crowther	M55	Stainland	54:46	190
112	485	Tim Walker	M55	Stainland	55:10	189
113	45	Gary Carlisle	M60	Kirkstall	55:20	188
114	54	Martin O'Brien	M60	Stainland	55:43	187
115	81	Ian Johnson	M55	Stainland	55:48	186
116	235	Warren Dennison	M55	Roundhay Runners	56:06	185
117	487	Michael Speight	M35	Pudsey Pacers	56:08	184
118	330	Kevin Blake	M45	South Leeds Lakers	56:22	183
119	477	Rob Kersey	M70	Holmfirth	56:42	182
120	447	Stephen Laffey	M60	Dewsbury	56:48	181
121	510	Edward Arkell	M45	Baildon	56:49	180
122	471	Matthew Hunt	M45	Pudsey Pacers	56:58	179
123	123	Dave Hudson	M65	Stainland	57:05	178
124	300	Keith Park	M65	Horsforth	57:13	177
125	263	Adrian Martin	M50	Pudsey Pacers	57:17	176
126	424	Steven Woods	M60	South Leeds Lakers	57:22	175
127	493	Richard Blenkinsop	M45	Slaithwaite Striders	57:31	174
128	157	Mark Henderson	M60	Holmfirth	57:48	173
129	128	John Bassinder	M65	Stainland	58:07	172
130	13	Jonathan Taylor	M50	Stainland	58:14	171
131	1	Neil Midgley	M70	Holmfirth	58:19	170
132	426	Richard Duffy	M70	Horsforth	58:25	169
133	434	Richard Mann	M60	Rothwell	58:58	168
134	43	Peter Ellerton	M75	Bingley	59:17	167
135	2	Bruce Duncan	M75	Bingley	59:28	166
136	158	Richard Smith	M75	Holmfirth	60:25	165
137	458	Michael Hartley	M45	Affiliated Individual	60:32	164

