



YVAA Grand Prix Series 2024
Race 1 Individual Results (Age-Adjusted*)

* Age-adjusted scores are calculated using WMA age-grading standards for road 10k races, then scaled so that the best age-graded performance on the day scores 100 points.

Host Club: Holmfirth Harriers

Date: 28/04/24

Pos	Name	Series Cat	Race Cat		Club	Time	Score*
1	Aileen Baldwin	F70	F70		Stainland Lions Running Club	0:57:49	100
2	Gavin Mulholland	M50	M50		Stainland Lions Running Club	0:39:56	97.69
3	Andy Smith	M40	M40		Slaithwaite Striders	0:37:57	95.42
4	Richard Spendlove	M75	M75		Stainland Lions Running Club	0:55:36	91.53
5	Stuart Dunbar	M60	M60		Saltaire Striders	0:46:43	90.51
6	Margaret Beever	F45	F45		Stainland Lions Running Club	0:45:57	90.00
7	James Washington	M45	M45		Holmfirth Harriers AC	0:43:13	88.03
8	Matthew Holmes	M45	M45		Abbey Runners	0:43:16	87.18
9	Pauline Naylor	F60	F60		Queensbury Running Club	0:58:32	87.05
10	Shona Stone	F50	F50		Bingley Harriers & AC	0:50:42	86.75
11	Gerard Skippins	M50	M50		Dewsbury Road Runners	0:44:15	86.70
12	Tim Brook	M40	M40		Holmfirth Harriers AC	0:41:35	86.41
13	Joanne Horan	F40	F40		Queensbury Running Club	0:47:08	86.33
14	Carl Heron	M60	M60		Queensbury Running Club	0:49:31	86.17
15	Richard Walker	M50	M50		Airecentre Pacers RC	0:45:18	84.69
16	Hossein Mohammadiha	M40	M40		Vale of York Athletic Community	0:42:26	84.68
17	Tim Street	M35	M35		Holmfirth Harriers AC	0:40:47	84.36
18	Oliver Gregory	M40	M40		Farsley Flyers	0:43:11	83.86
19	Emer Dudley	F60	F60		Roberttown Road Runners	0:59:25	83.55
20	Carole Fryer	F55	F55		Queensbury Running Club	0:57:59	83.46
21	David Williams	M65	M65		Holmfirth Harriers AC	0:52:41	83.36
22	James Clark	M40	M40		Pudsey Pacers RC	0:43:50	83.30
23	Edward Revell	M45	M45		Dewsbury Road Runners	0:45:03	83.06
24	Simon Brady	M55	M55		Queensbury Running Club	0:50:02	82.96
25	Paul Murgatroyd	M55	M55		South Leeds Lakers Running Club	0:49:53	82.47
26	Stephen Skidmore	M65	M65		Denby Dale Athletic Club	0:54:22	82.36
27	Anthony Waring	M50	M50		Holmfirth Harriers AC	0:48:13	82.34
28	Helen Armitage	F55	F55		Stainland Lions Running Club	0:58:59	82.04
29	Chris Beadle	M50	M50		Holmfirth Harriers AC	0:48:26	81.97

30	Paul Sammonds	M35	M35		Holmfirth Harriers AC	0:42:51	81.95
31	Robert Thomas	M50	M50		Bingley Harriers & AC	0:47:15	81.88
32	Thomas Alcock	M50	M50		Wharfedale Harriers	0:46:53	81.83
33	Judith Fox	F55	F55		Horsforth Harriers	0:56:41	81.31
34	Anna Keys	F40	F40		Pudsey Pacers RC	0:49:41	81.29
35	Michael Anderton	M50	M50		Baildon Runners	0:48:02	81.22
36	David Brooks	M55	M55		Pudsey Pacers RC	0:50:41	81.17
37	Simon Purl	M50	M50		South Leeds Lakers Running Club	0:47:22	81.00
38	Ian Wilson	M45	M45		Dewsbury Road Runners	0:46:36	80.94
39	Janine Lee	F55	F55		Crossgates Harriers	0:57:00	80.86
40	Chris Frontczak	M35	M35		Slaithwaite Striders	0:42:56	80.84
41	Janet Foreman	F55	F55		Holmfirth Harriers AC	0:59:56	80.74
42	John Ward	M70	M70		Abbey Runners	0:58:32	80.62
43	Martin Klavon	M40	M40		Northowram Pumas Running Club	0:43:59	80.43
44	Robin Naylor	M70	M70		Queensbury Running Club	0:58:03	80.32
45	Mark Pottinger	M40	M40		Stainland Lions Running Club	0:45:38	80.02
46	Sarah Brewer	F50	F50		Meltham AC	0:54:24	79.94
47	Mark Crabtree	M65	M65		Halifax Harriers & AC	0:55:05	79.73
48	Paul Smith	M50	M50		Valley Striders AC	0:49:33	79.42
49	David Booth	M60	M60		Farsley Flyers	0:53:16	79.38
50	Brenda Peake	F50	F50		Airecentre Pacers RC	0:55:27	79.32
51	Chris Horsfall	M65	M65		Handsworth Roadhogs	0:57:48	79.03
52	Jonathan Eagle	M60	M60		Horsforth Harriers	0:54:38	78.85
53	Graham Kitchen	M60	M60		South Leeds Lakers Running Club	0:53:53	78.47
54	John Singh	M40	M40		Saltaire Striders	0:45:31	78.33
55	Adam Moger	M45	M45		Kirkstall Harriers	0:48:12	78.26
56	Ruth Anderton	F55	F55		Stadium Runners	1:01:10	78.13
57	Rob Kersey	M70	M70		Holmfirth Harriers AC	1:01:11	78.11
58	Mark Gregory	M60	M60		Rothwell Harriers & AC	0:54:39	78.08
59	Andrew Paterson	M55	M55		Queensbury Running Club	0:53:10	78.07
60	Bev Elliott	F50	F50		Horsforth Harriers	0:55:58	77.70
61	Gaby Ferris	F50	F50		Stainland Lions Running Club	0:57:23	77.54
62	David Morley	M65	M65		St. Theresa's AC	0:57:46	77.51
63	Andy Baird	M50	M50		Stainland Lions Running Club	0:50:15	76.99
64	Becky Lawrence	F45	F45		Horsforth Harriers	0:54:13	76.95
65	Mark Andrew Smith	M45	M45		Horsforth Harriers	0:49:07	76.80
66	Martin Critchley	M45	M45		Horsforth Harriers	0:49:34	76.75
67	Paul Patrick	M60	M60		Stainland Lions Running Club	0:54:41	76.61
68	Ian Goulding	M60	M60		Holmfirth Harriers AC	0:54:44	76.54
69	Louise O'Brien	F50	F50		Horsforth Fellandale Club	0:56:51	76.49
70	Martin Hirst	M45	M45		Holmfirth Harriers AC	0:49:51	76.31
71	Wanda Macdonald	F60	F60		St. Theresa's AC	1:05:55	76.29
72	Ian Martin	M55	M55		Vale of York Athletic Community	0:53:31	76.19
73	Leila Kara	F60	F60		Valley Striders AC	1:04:40	75.80

74	Kevin Garlick	M40	M40		Bingley Harriers & AC	0:47:29	75.68
75	Maria Harron	F50	F50		Stainland Lions Running Club	0:58:59	75.44
76	Paul Craven	M55	M55		Abbey Runners	0:53:36	75.39
77	Philip Lonsdale	M55	M55		Pudsey Pacers RC	0:54:37	75.33
78	Glyn Mitchell	M55	M55		Slaithwaite Striders	0:55:10	75.24
79	Paul Sayers	M50	M50		Morley Running Club	0:52:19	75.22
80	Caroline Francis	F55	F55		Bingley Harriers & AC	1:03:05	74.84
81	Katherine Hill	F35	F35		Chapel Allerton Runners	0:52:47	74.68
82	Robert Stenhouse	M35	M35		Dewsbury Road Runners	0:46:47	74.60
83	Phil Tucker	M40	M40		Stainland Lions Running Club	0:48:37	74.49
84	Luke Cranfield	M35	M35		Northowram Pumas Running Club	0:46:58	74.31
85	Linda Hayles	F70	F70		Stainland Lions Running Club	1:15:51	74.01
86	Chris Barr	M55	M55		Holmfirth Harriers AC	0:56:06	73.99
87	Jenny Harrison	F35	F35		Horsforth Harriers	0:53:35	73.97
88	Craig Pettit	M35	M35		Leeds & Bradford Triathlon Club	0:46:40	73.73
89	Nial Bullett	M50	M50		Stadium Runners	0:52:04	73.68
90	Heather Moffat	F50	F50		Stainland Lions Running Club	1:01:13	73.53
91	Paul Winn	M65	M65		Holmfirth Harriers AC	1:02:30	73.09
92	Derek Lee	M40	M40		Airecentre Pacers RC	0:49:10	73.09
93	John Calvert	M55	M55		Dewsbury Road Runners	0:55:48	73.07
94	Debbie Hall	F45	F45		Holmfirth Harriers AC	0:58:15	73.03
95	Andrew Earnshaw	M45	M45		Stainland Lions Running Club	0:51:41	72.98
96	Bruce Duncan	M75	M75		Bingley Harriers & AC	1:07:26	72.94
97	Damien Pearson	M40	M40		Stainland Lions Running Club	0:49:20	72.84
98	John Bassinder	M70	M70		Stainland Lions Running Club	1:03:22	72.84
99	Rachel Howard	F45	F45		Stocksbridge RC	0:57:20	72.77
100	Dan Marsden	M40	M40		Stainland Lions Running Club	0:49:48	72.72
101	Lisa Heath	F55	F55		Pudsey Pacers RC	1:04:59	72.65
102	Jim Harris	M50	M50		Stainland Lions Running Club	0:53:20	72.54
103	Michelle Smith	F40	F40		Slaithwaite Striders	0:55:45	72.44
104	Gini Knight	F65	F65		Horsforth Harriers	1:12:23	72.30
105	Mick Collinson	M65	M65		Denby Dale Athletic Club	1:02:09	72.05
106	John Walker	M60	M60		North Leeds Fell Runners	0:59:48	72.04
107	Steve Hallam	M65	M65		Stainland Lions Running Club	1:01:01	71.97
108	Martyn Jones	M45	M45		South Leeds Lakers Running Club	0:52:01	71.94
109	Melanie West	F50	F50		Northowram Pumas Running Club	1:01:17	71.77
110	Sue Fulton	F65	F65		Bingley Harriers & AC	1:13:23	71.31
111	Anne Preston	F45	F45		Saltaire Striders	0:58:31	71.30
112	Daniel Jenkins	M45	M45		Saltaire Striders	0:53:26	71.20
113	Jane Kay	F55	F55		Baildon Runners	1:04:47	71.14
114	Manley du Preez	M40	M40		Wharfedale Harriers	0:50:11	71.05
115	Alun Griffiths	M65	M65		Saltaire Striders	1:02:39	70.79
116	Richard Burgess	M50	M50		South Leeds Lakers Running Club	0:56:11	70.66
117	Keith Park	M65	M65		Horsforth Harriers	1:04:04	70.60

118	David Grooby	M50	M50		Bingley Harriers & AC	0:54:24	70.52
119	Ken Fox	M65	M65		Valley Striders AC	1:02:27	70.32
120	Adam Firth	M35	M35		Bramley Breezers	0:49:22	70.30
121	Janet Hartley	F65	F65		Rothwell Harriers & AC	1:14:29	70.26
122	Andy Douglas	M50	M50		Horsforth Harriers	0:55:50	69.87
123	Paul Dixon	M60	M60		St. Theresa's AC	1:01:42	69.82
124	Carl Prendergast	M75	M75		Horsforth Fellandale Club	1:12:56	69.77
125	Steve Jackson	M45	M45		Slaithwaite Striders	0:54:32	69.76
126	Peter Ellerton	M75	M75		Bingley Harriers & AC	1:12:59	69.73
127	Paul Hadin	M60	M60		Holmfirth Harriers AC	1:01:51	69.65
128	Sally Caton	F50	F50		Stainland Lions Running Club	1:02:28	69.62
129	Shelagh Hopkinson	F65	F65		Baildon Runners	1:19:44	69.38
130	Joanna Lockwood	F50	F50		Queensbury Running Club	1:02:45	69.30
131	Kate Penrose	F70	F70		St. Theresa's AC	1:22:13	69.28
132	Andy Bisset	M50	M50		Horsforth Harriers	0:56:20	69.25
133	Helen Mann	F60	F60		Rothwell Harriers & AC	1:12:37	69.25
134	Steve Hall	M55	M55		Dewsbury Road Runners	0:58:24	69.19
135	Neil Wallace	M50	M50		Horsforth Fellandale Club	0:55:33	69.06
136	Kate Walter	F60	F60		Baildon Runners	1:13:49	69.03
137	Wendy Critchley	F55	F55		Horsforth Fellandale Club	1:07:44	68.87
138	Katherine Scargill	F40	F40		Northowram Pumas Running Club	0:58:18	68.80
139	Abigail Carter	F40	F40		St. Theresa's AC	0:59:10	68.77
140	Ian Hoskins	M55	M55		Stainland Lions Running Club	0:58:14	68.76
141	Steven Marsland	M55	M55		Slaithwaite Striders	0:59:20	68.72
142	Richard Smith	M75	M75		Holmfirth Harriers AC	1:14:07	68.66
143	Jodie Knowles	F40	F40		Northowram Pumas Running Club	0:58:06	68.63
144	Valerie Pell	F65	F65		St. Theresa's AC	1:18:25	68.60
145	Carolyn Hargreaves	F65	F65		Baildon Runners	1:19:48	68.35
146	David Stafford	M40	M40		Slaithwaite Striders	0:51:46	68.33
147	Susan Marsland	F60	F60		Slaithwaite Striders	1:13:54	68.05
148	Sue Jones	F45	F45		Slaithwaite Striders	1:03:17	67.97
149	William Belcher	M60	M60		Bingley Harriers & AC	1:03:33	67.79
150	Ken Poyner	M65	M65		Rothwell Harriers & AC	1:07:32	67.64
151	Nigel Shaw	M60	M60		Baildon Runners	1:02:25	67.12
152	Michelle Rogerson	F45	F45		Stainland Lions Running Club	1:04:18	66.89
153	Neal Rider	M40	M40		Northowram Pumas Running Club	0:53:04	66.66
154	Sarah Anderton	F55	F55		Baildon Runners	1:11:08	66.37
155	Jason Beckett	M50	M50		Bingley Harriers & AC	1:00:15	65.89
156	Wayne Doherty	M40	M40		Morley Running Club	0:55:40	65.60
157	Colm O'Hara	M50	M50		Roundhay Runners	1:00:37	65.49
158	Geoff Kay	M75	M75		Baildon Runners	1:15:31	65.14
159	Tracey Nash	F50	F50		Slaithwaite Striders	1:08:46	64.71
160	Alissa Howroyd	F45	F45		Horsforth Fellandale Club	1:04:30	64.68
161	Mark Henderson	M60	M60		Holmfirth Harriers AC	1:05:31	64.54

162	John Langley	M55	M55		Northowram Pumas Running Club	1:02:40	64.48
163	Richard Mann	M60	M60		Rothwell Harriers & AC	1:06:15	64.41
164	Linda Carey	F65	F65		Baildon Runners	1:22:23	64.38
165	Alan Douglas	M50	M50		Saltaire Striders	1:02:01	64.01
166	Mark Rigby	M55	M55		Slaitwhaite Striders	1:04:56	63.36
167	Elizabeth Parr	F40	F40		Slaitwhaite Striders	1:04:54	63.19
168	Andrew Smith	M55	M55		Northowram Pumas Running Club	1:04:12	62.94
169	Sarah Jones	F40	F40		Bingley Harriers & AC	1:04:02	62.64
170	David Ferguson	M60	M60		Affiliated Individual	1:08:49	62.60
171	Paula Pickersgill	F55	F55		Stainland Lions Running Club	1:14:33	62.57
172	Toby Nield	M35	M35		Horsforth Harriers	0:55:21	62.39
173	Vera Ostojic	F65	F65		Baildon Runners	1:25:06	62.33
174	Ian Griffiths	M45	M45		Horsforth Harriers	1:00:10	62.19
175	Andy Norman	M50	M50		Pudsey Pacers RC	1:03:25	62.06
176	Tim Mosedale	M40	M40		Saltaire Striders	0:58:32	61.87
177	Simon Cope	M45	M45		Dewsbury Road Runners	1:01:37	61.74
178	Paul Bennett	M60	M60		Bramley Breezers	1:09:56	61.60
179	Steve Laffey	M60	M60		Dewsbury Road Runners	1:09:22	61.51
180	Rachel Calverley	F50	F50		Slaitwhaite Striders	1:13:21	61.37
181	Louise Rigby	F50	F50		Slaitwhaite Striders	1:13:51	60.95
182	Alistair Settle	M50	M50		Wakefield District H & AC	1:04:10	60.80
183	Ali Azfar	M55	M55		Baildon Runners	1:07:05	60.78
184	Lauren Needham	F35	F35		Slaitwhaite Striders	1:04:55	60.72
185	Hazel Fenton	F40	F40		Horsforth Harriers	1:07:52	60.43
186	David Sullivan	M55	M55		Drighlington Dynamos RC	1:07:01	60.30
187	Carol Ramsden	F65	F65		Horsforth Harriers	1:28:00	60.27
188	Anna Sweeney	F50	F50		Horsforth Harriers	1:13:11	60.10
189	Jill Jarvis	F40	F40		Bramley Breezers	1:07:28	59.86
190	Diane Williams	F50	F50		Baildon Runners	1:13:32	59.81
191	Jonathan Knowles	M40	M40		Northowram Pumas Running Club	0:59:42	59.72
192	Stephen Brown	M45	M45		Baildon Runners	1:04:14	59.23
193	Mark Seed	M55	M55		Bramley Breezers	1:09:02	59.07
194	Clare Miller	F40	F40		Farsley Flyers	1:09:14	58.77
195	Helen Fagg	F50	F50		Horsforth Harriers	1:14:57	58.68
196	Michelle Parker	F35	F35		South Leeds Lakers Running Club	1:07:15	58.62
197	Chris Sawyer	M65	M65		Valley Striders AC	1:15:03	58.52
198	Beverley Horsfield	F50	F50		Vale of York Athletic Community	1:14:48	58.14
199	Sarah Norman	F50	F50		Pudsey Pacers RC	1:18:19	58.14
200	Sarah Holroyd	F40	F40		Northowram Pumas Running Club	1:11:47	57.13
201	Lynne Anderton	F50	F50		Baildon Runners	1:17:20	56.87
202	Carl White	M35	M35		Queensbury Running Club	1:01:52	56.76
203	Julie Smith	F45	F45		Horsforth Harriers	1:12:52	56.76
204	Sally Robinson	F55	F55		Baildon Runners	1:21:15	56.73
205	Donna Swales	F45	F45		Abbey Runners	1:13:02	56.63

206	James Ward	M35	M35		Bramley Breezers	1:00:50	56.56
207	Ian Johnson	M55	M55		Stainland Lions Running Club	1:12:45	56.55
208	Kirsten Poole	F45	F45		Slaithwaite Striders	1:15:16	56.52
209	Rosie Bavinton	F60	F60		Baildon Runners	1:30:27	56.33
210	Kelly Gabbitas	F40	F40		Northowram Pumas Running Club	1:11:47	56.26
211	Cheryl Jepson	F35	F35		Bingley Harriers & AC	1:09:58	56.09
212	Wendy Murgatroyd	F60	F60		South Leeds Lakers Running Club	1:27:37	55.94
213	Claire Telford	F40	F40		Rodillian Runners	1:13:25	55.86
214	Frances Howland	F35	F35		Northowram Pumas Running Club	1:10:10	55.69
215	Richard Dawson	M60	M60		Bramley Breezers	1:16:03	55.60
216	Michelle Ahern-Gibson	F40	F40		South Leeds Lakers Running Club	1:12:22	55.42
217	G Mark Richardson	M65	M65		Dewsbury Road Runners	1:20:14	55.27
218	Kiron Berrill	M45	M45		Northowram Pumas Running Club	1:07:10	55.23
219	Andrew Smithson	M55	M55		Stadium Runners	1:14:18	54.39
220	Philip Ramsden	M60	M60		Horsforth Harriers	1:20:53	53.76
221	Jason Duggan	M40	M40		South Leeds Lakers Running Club	1:07:36	53.57
222	Charlotte Anderson	F35	F35		Slaithwaite Striders	1:16:19	51.93
223	Russell Dyson	M75	M75		Slaithwaite Striders	1:38:06	51.87
224	Cathy Goddard	F45	F45		Horsforth Harriers	1:20:20	51.48
225	Heather Ellis	F50	F50		Dewsbury Road Runners	1:27:49	51.26
226	Jenna Rymer	F35	F35		South Leeds Lakers Running Club	1:16:08	51.13
227	Sally Slack	F45	F45		Dewsbury Road Runners	1:26:43	49.06
228	Sarah Alderson	F45	F45		Slaithwaite Striders	1:26:38	48.61
229	Fiona Waterhouse	F45	F45		Horsforth Harriers	1:27:23	47.75
230	Rachel Draper	F35	F35		Slaithwaite Striders	1:24:56	46.67
231	Antony Gibson	M40	M40		South Leeds Lakers Running Club	1:21:46	44.29
232	James Neale	M50	M50		South Leeds Lakers Running Club	1:27:35	44.17
233	Rachel Roberts	F35	F35		Roundhay Runners	1:33:31	42.38