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Race 1 Individual Results (Women)**

Host Club: Holmfirth Harriers

Date: 28/04/24

| Pos | Name | Series Cat | Race Cat | | Club | Cat Pos | Time | Score |
|-----|--------------------|------------|----------|---|-------------------------------|---------|---------|-------|
| 1 | Margaret Beever | F45 | F45 |  | Stainland Lions Running Club | 1 | 0:45:57 | 250 |
| 2 | Joanne Horan | F40 | F40 |  | Queensbury Running Club | 1 | 0:47:08 | 249 |
| 3 | Anna Keys | F40 | F40 |  | Pudsey Pacers RC | 2 | 0:49:41 | 248 |
| 4 | Shona Stone | F50 | F50 |  | Bingley Harriers & AC | 1 | 0:50:42 | 247 |
| 5 | Katherine Hill | F35 | F35 |  | Chapel Allerton Runners | 1 | 0:52:47 | 246 |
| 6 | Jenny Harrison | F35 | F35 |  | Horsforth Harriers | 2 | 0:53:35 | 245 |
| 7 | Becky Lawrence | F45 | F45 |  | Horsforth Harriers | 2 | 0:54:13 | 244 |
| 8 | Sarah Brewer | F50 | F50 |  | Meltham AC | 2 | 0:54:24 | 243 |
| 9 | Brenda Peake | F50 | F50 |  | Airecentre Pacers RC | 3 | 0:55:27 | 242 |
| 10 | Michelle Smith | F40 | F40 |  | Slaithwaite Striders | 3 | 0:55:45 | 241 |
| 11 | Bev Elliott | F50 | F50 |  | Horsforth Harriers | 4 | 0:55:58 | 240 |
| 12 | Judith Fox | F55 | F55 |  | Horsforth Harriers | 1 | 0:56:41 | 239 |
| 13 | Louise O'Brien | F50 | F50 |  | Horsforth Fellandale Club | 5 | 0:56:51 | 238 |
| 14 | Janine Lee | F55 | F55 |  | Crossgates Harriers | 2 | 0:57:00 | 237 |
| 15 | Rachel Howard | F45 | F45 |  | Stocksbridge RC | 3 | 0:57:20 | 236 |
| 16 | Gaby Ferris | F50 | F50 |  | Stainland Lions Running Club | 6 | 0:57:23 | 235 |
| 17 | Aileen Baldwin | F70 | F70 |  | Stainland Lions Running Club | 1 | 0:57:49 | 234 |
| 18 | Carole Fryer | F55 | F55 |  | Queensbury Running Club | 3 | 0:57:59 | 233 |
| 19 | Jodie Knowles | F40 | F40 |  | Northowram Pumas Running Club | 4 | 0:58:06 | 232 |
| 20 | Debbie Hall | F45 | F45 |  | Holmfirth Harriers AC | 4 | 0:58:15 | 231 |
| 21 | Katherine Scargill | F40 | F40 |  | Northowram Pumas Running Club | 5 | 0:58:18 | 230 |
| 22 | Anne Preston | F45 | F45 |  | Saltaire Striders | 5 | 0:58:31 | 229 |
| 23 | Pauline Naylor | F60 | F60 |  | Queensbury Running Club | 1 | 0:58:32 | 228 |
| 24 | Helen Armitage | F55 | F55 |  | Stainland Lions Running Club | 4 | 0:58:59 | 227 |
| 25 | Maria Harron | F50 | F50 |  | Stainland Lions Running Club | 7 | 0:58:59 | 226 |
| 26 | Abigail Carter | F40 | F40 |  | St. Theresa's AC | 6 | 0:59:10 | 225 |
| 27 | Emer Dudley | F60 | F60 |  | Roberttown Road Runners | 2 | 0:59:25 | 224 |
| 28 | Janet Foreman | F55 | F55 |  | Holmfirth Harriers AC | 5 | 0:59:56 | 223 |
| 29 | Ruth Anderton | F55 | F55 |  | Stadium Runners | 6 | 1:01:10 | 222 |
| 30 | Heather Moffat | F50 | F50 |  | Stainland Lions Running Club | 8 | 1:01:13 | 221 |
| 31 | Melanie West | F50 | F50 |  | Northowram Pumas Running Club | 9 | 1:01:17 | 220 |
| 32 | Sally Caton | F50 | F50 |  | Stainland Lions Running Club | 10 | 1:02:28 | 219 |
| 33 | Joanna Lockwood | F50 | F50 | | Queensbury Running Club | 11 | 1:02:45 | 218 |
| 34 | Caroline Francis | F55 | F55 | | Bingley Harriers & AC | 7 | 1:03:05 | 217 |

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|----|-----------------------|-----|-----|---|---------------------------------|----|---------|-----|
| 35 | Sue Jones | F45 | F45 |  | Slaithwaite Striders | 6 | 1:03:17 | 216 |
| 36 | Sarah Jones | F40 | F40 |  | Bingley Harriers & AC | 7 | 1:04:02 | 215 |
| 37 | Michelle Rogerson | F45 | F45 |  | Stainland Lions Running Club | 7 | 1:04:18 | 214 |
| 38 | Alissa Howroyd | F45 | F45 |  | Horsforth Fellandale Club | 8 | 1:04:30 | 213 |
| 39 | Leila Kara | F60 | F60 |  | Valley Striders AC | 3 | 1:04:40 | 212 |
| 40 | Jane Kay | F55 | F55 |  | Baildon Runners | 8 | 1:04:47 | 211 |
| 41 | Elizabeth Parr | F40 | F40 |  | Slaithwaite Striders | 8 | 1:04:54 | 210 |
| 42 | Lauren Needham | F35 | F35 |  | Slaithwaite Striders | 3 | 1:04:55 | 209 |
| 43 | Lisa Heath | F55 | F55 |  | Pudsey Pacers RC | 9 | 1:04:59 | 208 |
| 44 | Wanda Macdonald | F60 | F60 |  | St. Theresa's AC | 4 | 1:05:55 | 207 |
| 45 | Michelle Parker | F35 | F35 |  | South Leeds Lakers Running Club | 4 | 1:07:15 | 206 |
| 46 | Jill Jarvis | F40 | F40 |  | Bramley Breezers | 9 | 1:07:28 | 205 |
| 47 | Wendy Critchley | F55 | F55 |  | Horsforth Fellandale Club | 10 | 1:07:44 | 204 |
| 48 | Hazel Fenton | F40 | F40 |  | Horsforth Harriers | 10 | 1:07:52 | 203 |
| 49 | Tracey Nash | F50 | F50 |  | Slaithwaite Striders | 12 | 1:08:46 | 202 |
| 50 | Clare Miller | F40 | F40 |  | Farsley Flyers | 11 | 1:09:14 | 201 |
| 51 | Cheryl Jepson | F35 | F35 |  | Bingley Harriers & AC | 5 | 1:09:58 | 200 |
| 52 | Frances Howland | F35 | F35 |  | Northowram Pumas Running Club | 6 | 1:10:10 | 199 |
| 53 | Sarah Anderton | F55 | F55 |  | Baildon Runners | 11 | 1:11:08 | 198 |
| 54 | Kelly Gabbitas | F40 | F40 |  | Northowram Pumas Running Club | 12 | 1:11:47 | 197 |
| 55 | Sarah Holroyd | F40 | F40 |  | Northowram Pumas Running Club | 13 | 1:11:47 | 196 |
| 56 | Michelle Ahern-Gibson | F40 | F40 |  | South Leeds Lakers Running Club | 14 | 1:12:22 | 195 |
| 57 | Gini Knight | F65 | F65 |  | Horsforth Harriers | 1 | 1:12:23 | 194 |
| 58 | Helen Mann | F60 | F60 |  | Rothwell Harriers & AC | 5 | 1:12:37 | 193 |
| 59 | Julie Smith | F45 | F45 |  | Horsforth Harriers | 9 | 1:12:52 | 192 |
| 60 | Donna Swales | F45 | F45 |  | Abbey Runners | 10 | 1:13:02 | 191 |
| 61 | Anna Sweeney | F50 | F50 |  | Horsforth Harriers | 13 | 1:13:11 | 190 |
| 62 | Rachel Calverley | F50 | F50 |  | Slaithwaite Striders | 14 | 1:13:21 | 189 |
| 63 | Sue Fulton | F65 | F65 |  | Bingley Harriers & AC | 2 | 1:13:23 | 188 |
| 64 | Claire Telford | F40 | F40 |  | Rodillian Runners | 15 | 1:13:25 | 187 |
| 65 | Diane Williams | F50 | F50 |  | Baildon Runners | 15 | 1:13:32 | 186 |
| 66 | Kate Walter | F60 | F60 |  | Baildon Runners | 6 | 1:13:49 | 185 |
| 67 | Louise Rigby | F50 | F50 |  | Slaithwaite Striders | 16 | 1:13:51 | 184 |
| 68 | Susan Marsland | F60 | F60 |  | Slaithwaite Striders | 7 | 1:13:54 | 183 |
| 69 | Janet Hartley | F65 | F65 |  | Rothwell Harriers & AC | 3 | 1:14:29 | 182 |
| 70 | Paula Pickersgill | F55 | F55 |  | Stainland Lions Running Club | 12 | 1:14:33 | 181 |
| 71 | Beverley Horsfield | F50 | F50 |  | Vale of York Athletic Community | 17 | 1:14:48 | 180 |
| 72 | Helen Fagg | F50 | F50 |  | Horsforth Harriers | 18 | 1:14:57 | 179 |
| 73 | Kirsten Poole | F45 | F45 |  | Slaithwaite Striders | 11 | 1:15:16 | 178 |
| 74 | Linda Hayles | F70 | F70 |  | Stainland Lions Running Club | 2 | 1:15:51 | 177 |
| 75 | Jenna Rymer | F35 | F35 |  | South Leeds Lakers Running Club | 7 | 1:16:08 | 176 |
| 76 | Charlotte Anderson | F35 | F35 |  | Slaithwaite Striders | 8 | 1:16:19 | 175 |
| 77 | Lynne Anderton | F50 | F50 |  | Baildon Runners | 19 | 1:17:20 | 174 |
| 78 | Sarah Norman | F50 | F50 |  | Pudsey Pacers RC | 20 | 1:18:19 | 173 |
| 79 | Valerie Pell | F65 | F65 |  | St. Theresa's AC | 4 | 1:18:25 | 172 |
| 80 | Shelagh Hopkinson | F65 | F65 |  | Baildon Runners | 5 | 1:19:44 | 171 |

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|----|--------------------|-----|-----|---|---------------------------------|----|---------|-----|
| 81 | Carolyn Hargreaves | F65 | F65 |  | Baildon Runners | 6 | 1:19:48 | 170 |
| 82 | Cathy Goddard | F45 | F45 |  | Horsforth Harriers | 12 | 1:20:20 | 169 |
| 83 | Sally Robinson | F55 | F55 |  | Baildon Runners | 13 | 1:21:15 | 168 |
| 84 | Kate Penrose | F70 | F70 |  | St. Theresa's AC | 3 | 1:22:13 | 167 |
| 85 | Linda Carey | F65 | F65 |  | Baildon Runners | 7 | 1:22:23 | 166 |
| 86 | Rachel Draper | F35 | F35 |  | Slaithwaite Striders | 9 | 1:24:56 | 165 |
| 87 | Vera Ostojic | F65 | F65 |  | Baildon Runners | 8 | 1:25:06 | 164 |
| 88 | Sarah Alderson | F45 | F45 |  | Slaithwaite Striders | 13 | 1:26:38 | 163 |
| 89 | Sally Slack | F45 | F45 |  | Dewsbury Road Runners | 14 | 1:26:43 | 162 |
| 90 | Fiona Waterhouse | F45 | F45 |  | Horsforth Harriers | 15 | 1:27:23 | 161 |
| 91 | Wendy Murgatroyd | F60 | F60 |  | South Leeds Lakers Running Club | 8 | 1:27:37 | 160 |
| 92 | Heather Ellis | F50 | F50 |  | Dewsbury Road Runners | 21 | 1:27:49 | 159 |
| 93 | Carol Ramsden | F65 | F65 |  | Horsforth Harriers | 9 | 1:28:00 | 158 |
| 94 | Rosie Bavinton | F60 | F60 |  | Baildon Runners | 9 | 1:30:27 | 157 |
| 95 | Rachel Roberts | F35 | F35 |  | Roundhay Runners | 10 | 1:33:31 | 156 |