

































**YVAA Grand Prix Series 2024  
Race 3 Individual Results (Men)**

Host Club: Morley RC

Date: 11/06/24






























Pos	Name	Series Cat	Race Cat	Club	Cat Pos	Time	Score
1	Andy Smith	M40	M40	 Slaithwaite Striders	1	0:37:26	250
2	Richard Herrington	M40	M40	 St. Theresa's AC	2	0:40:19	249
3	Tim Brook	M40	M40	 Holmfirth Harriers AC	3	0:40:54	248
4	Paul Senior	M45	M45	 Slaithwaite Striders	1	0:41:07	247
5	Michael Vargas	M35	M35	 Hyde Park Harriers	1	0:41:43	246
6	James Clark	M40	M40	 Pudsey Pacers RC	4	0:42:03	245
7	Tom Keighley	M40	M40	 Pudsey Pacers RC	5	0:42:10	244
8	Russell Macfarlane	M35	M35	 Saltaire Striders	2	0:42:18	243
9	Chris Hall	M40	M40	 Stainland Lions Running Club	6	0:42:23	242
10	Cairn Morrison	M45	M45	 St. Theresa's AC	2	0:42:26	241
11	Chris Frontczak	M35	M35	 Slaithwaite Striders	3	0:42:36	240
12	Luke Cranfield	M35	M35	 Northowram Pumas Running Club	4	0:42:54	239
13	Duncan Spence	M35	M35	 Pudsey Pacers RC	5	0:43:09	238
14	Edward Revell	M45	M45	 Dewsbury Road Runners	3	0:43:41	237
15	Anthony Weston	M50	M50	 St. Theresa's AC	1	0:44:03	236
16	Simon Donoghue	M55	M55	 Easingwold Running Club	1	0:44:11	235
17	Gerard Skippins	M50	M50	 Dewsbury Road Runners	2	0:44:18	234
18	Richard Walker	M50	M50	 Airecentre Pacers RC	3	0:44:29	233
19	Stuart Dunbar	M60	M60	 Saltaire Striders	1	0:44:29	232
20	Mark Pottinger	M40	M40	 Stainland Lions Running Club	7	0:44:31	231
21	John Robson	M45	M45	 St. Theresa's AC	4	0:44:32	230
22	Thomas Sharp	M45	M45	 Wakefield District H & AC	5	0:44:38	229
23	Richard Smith	M45	M45	 Sowerby Bridge Snails RC	6	0:44:47	228
24	Robert Samuels	M60	M60	 Pudsey Pacers RC	2	0:45:00	227
25	Thomas Alcock	M50	M50	 Wharfedale Harriers	4	0:45:04	226
26	Oliver Gregory	M40	M40	 Farsley Flyers	8	0:45:12	225
27	Simon Purll	M50	M50	 South Leeds Lakers Running Club	5	0:45:20	224
28	Craig Pettit	M35	M35	 Leeds & Bradford Triathlon Club	6	0:46:13	223
29	Matthew Blakeley	M50	M50	 Roundhay Runners	6	0:46:14	222
30	Derek Lee	M40	M40	 Airecentre Pacers RC	9	0:46:20	221



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Pos	Name	Series Cat	Race Cat	Club	Cat Pos	Time	Score
31	Jonathan Moon	M35	M35	 Sowerby Bridge Snails RC	7	0:46:52	220
32	Tom Rogerson	M45	M45	 Abbey Runners	7	0:47:00	219
33	Martin Lee	M50	M50	 South Leeds Lakers Running Club	7	0:47:09	218
34	Oliver Harrison	M40	M40	 Morley Running Club	10	0:47:18	217
35	Lee Taylor	M45	M45	 Hyde Park Harriers	8	0:47:25	216
36	Ryan Barker	M50	M50	 Halifax Harriers & AC	8	0:47:27	215
37	Adam Moger	M45	M45	 Kirkstall Harriers	9	0:47:32	214
38	Steven Cook	M35	M35	 Slaithwaite Striders	8	0:47:34	213
39	Chris Jacobs	M55	M55	 Dewsbury Road Runners	2	0:47:47	212
40	Paul Murgatroyd	M55	M55	 South Leeds Lakers Running Club	3	0:47:51	211
41	Mark Andrew Smith	M45	M45	 Horsforth Harriers	10	0:47:57	210
42	Paul Craven	M55	M55	 Abbey Runners	4	0:48:06	209
43	Damien Pearson	M40	M40	 Stainland Lions Running Club	11	0:48:18	208
44	Paul Allwood	M35	M35	 Bingley Harriers & AC	9	0:48:23	207
45	Andy Baird	M50	M50	 Stainland Lions Running Club	9	0:48:35	206
46	Jonathan Eagle	M60	M60	 Horsforth Harriers	3	0:48:48	205
47	Christophe Martyn	M55	M55	 Pudsey Pacers RC	5	0:48:51	204
48	Richard Brook	M45	M45	 Queensbury Running Club	11	0:48:52	203
49	Adam Firth	M35	M35	 Bramley Breezers	10	0:48:57	202
50	David I'Anson	M65	M65	 St. Theresa's AC	1	0:49:03	201
51	David Render	M45	M45	 South Leeds Lakers Running Club	12	0:49:09	200
52	Richard Harrison	M45	M45	 South Leeds Lakers Running Club	13	0:49:23	199
53	Gareth Arnold	M45	M45	 Drighlington Dynamos RC	14	0:49:25	198
54	Manjit Mander	M50	M50	 Queensbury Running Club	10	0:49:54	197
55	Neil Barker	M40	M40	 Farsley Flyers	12	0:50:05	196
56	Kevin Longmate	M35	M35	 Kirkstall Harriers	11	0:50:08	195
57	Paul Smith	M50	M50	 Valley Striders AC	11	0:50:20	194
58	Wasim Hussain	M40	M40	 Queensbury Running Club	13	0:50:20	193
59	Paul Wood	M50	M50	 Rodillian Runners	12	0:50:35	192
60	Martyn Jones	M45	M45	South Leeds Lakers Running Club	15	0:50:44	191



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Pos	Name	Series Cat	Race Cat	Club	Cat Pos	Time	Score
61	Graham Kitchen	M60	M60	 South Leeds Lakers Running Club	4	0:51:02	190
62	Andy Douglas	M50	M50	 Horsforth Harriers	13	0:51:23	189
63	Neal Rider	M40	M40	 Northowram Pumas Running Club	14	0:52:23	188
64	Chris Standish	M50	M50	 Slaithwaite Striders	14	0:52:28	187
65	Melvin Thompson	M50	M50	 Roberttown Road Runners	15	0:52:32	186
66	Andrew Dean	M55	M55	 Baildon Runners	6	0:52:39	185
67	Darren Keighley	M45	M45	 Pudsey Pacers RC	16	0:52:52	184
68	Wayne Doherty	M40	M40	 Morley Running Club	15	0:52:59	183
69	Martin Savage	M45	M45	 Kirkstall Harriers	17	0:53:00	182
70	Peter Kerridge	M55	M55	 Todmorden Harriers	7	0:53:06	181
71	Ian Hesselden	M50	M50	 Sowerby Bridge Snails RC	16	0:53:06	180
72	Andrew Paterson	M55	M55	 Queensbury Running Club	8	0:53:15	179
73	Richard Cartwright	M40	M40	 Hyde Park Harriers	16	0:53:23	178
74	Richard Burgess	M50	M50	 South Leeds Lakers Running Club	17	0:53:27	177
75	David Williams	M60	M60	 Northowram Pumas Running Club	5	0:53:37	176
76	Craig Porter	M55	M55	 Dragons Running Club (Leeds)	9	0:53:39	175
77	James Ward	M35	M35	 Bramley Breezers	12	0:53:58	174
78	Brad Strutt	M35	M35	 Pudsey Pacers RC	13	0:54:02	173
79	Chris Barr	M55	M55	 Holmfirth Harriers AC	10	0:54:05	172
80	Robin Naylor	M70	M70	 Queensbury Running Club	1	0:54:09	171
81	Andy Bisset	M50	M50	 Horsforth Harriers	18	0:54:21	170
82	Liam Tyson	M40	M40	 Slaithwaite Striders	17	0:54:27	169
83	Mark Bestwick	M50	M50	 Pudsey Pacers RC	19	0:54:33	168
84	Pete Downes	M60	M60	 York Knavesmire Harriers	6	0:54:38	167
85	Stephen Chapman	M55	M55	 Dewsbury Road Runners	11	0:54:39	166
86	Glyn Mitchell	M55	M55	 Slaithwaite Striders	12	0:54:42	165
87	Mark Crabtree	M65	M65	 Halifax Harriers & AC	2	0:54:51	164
88	Kieran O'Brien	M45	M45	 South Leeds Lakers Running Club	18	0:54:54	163
89	Steven Crowther	M55	M55	 Stainland Lions Running Club	13	0:54:58	162
90	Chris Hall	M35	M35	South Leeds Lakers Running Club	14	0:55:03	161



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Pos	Name	Series Cat	Race Cat	Club	Cat Pos	Time	Score
91	Richard Spendlove	M75	M75	 Stainland Lions Running Club	1	0:55:07	160
92	Simon Wilkinson	M35	M35	 Northowram Pumas Running Club	15	0:55:10	159
93	Neil Baxter	M45	M45	 Abbey Runners	19	0:55:28	158
94	Martin Bayliss	M65	M65	 Meltham AC	3	0:55:38	157
95	Steve Hall	M55	M55	 Dewsbury Road Runners	14	0:56:08	156
96	David Burdon	M65	M65	 Pudsey Pacers RC	4	0:56:21	155
97	Stephen Pattison	M65	M65	 Pudsey Pacers RC	5	0:56:31	154
98	Mark Preston	M60	M60	 Stainland Lions Running Club	7	0:56:35	153
99	John Sutton	M45	M45	 South Leeds Lakers Running Club	20	0:56:55	152
100	Mick Collinson	M65	M65	 Denby Dale Athletic Club	6	0:57:08	151
101	Alan Douglas	M50	M50	 Saltaire Striders	20	0:57:16	150
102	Kirk Douglas	M55	M55	 Farsley Flyers	15	0:57:23	149
103	David Smith	M60	M60	 Dewsbury Road Runners	8	0:57:36	148
104	Stephen Brown	M45	M45	 Baildon Runners	21	0:58:13	147
105	Paul Hammond	M60	M60	 Kippax & District Harriers	9	0:58:17	146
106	Colm O'Hara	M50	M50	 Roundhay Runners	21	0:58:28	145
107	Ian Bruff	M45	M45	 Bramley Breezers	22	0:58:36	144
108	Gary Carlisle	M60	M60	 Kirkstall Harriers	10	0:58:42	143
109	Tim Spencer	M65	M65	 Saltaire Striders	7	0:58:44	142
110	Keith Brewster	M70	M70	 Valley Striders AC	2	0:59:08	141
111	Phil Wilkins	M40	M40	 Drighlington Dynamos RC	18	0:59:33	140
112	Michael Speight	M35	M35	 Pudsey Pacers RC	16	0:59:42	139
113	Julian Cosham	M45	M45	 South Leeds Lakers Running Club	23	0:59:48	138
114	Kevin Blake	M45	M45	 South Leeds Lakers Running Club	24	1:00:08	137
115	Andrew Smith	M55	M55	 Northowram Pumas Running Club	16	1:00:14	136
116	Steve Molloy	M60	M60	 Northowram Pumas Running Club	11	1:00:27	135
117	John Ward	M70	M70	 Abbey Runners	3	1:00:28	134
118	Mark Seed	M55	M55	 Bramley Breezers	17	1:00:33	133
119	Paul Bennett	M60	M60	 Bramley Breezers	12	1:01:19	132
120	Kevin Yewlett	M70	M70	 Holmfirth Harriers AC	4	1:01:27	131



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Pos	Name	Series Cat	Race Cat	Club	Cat Pos	Time	Score
121	Wing Ho Cheng	M45	M45	Affiliated Individual	25	1:01:33	130
122	Jason Beckett	M50	M50	 Bingley Harriers & AC	22	1:01:37	129
123	Kevin Simmonds	M55	M55	 Slaithwaite Striders	18	1:01:48	128
124	Mark Rigby	M55	M55	 Slaithwaite Striders	19	1:01:50	127
125	Ian Griffiths	M45	M45	 Horsforth Harriers	26	1:02:10	126
126	Mark Henderson	M60	M60	 Holmfirth Harriers AC	13	1:02:15	125
127	David Sullivan	M55	M55	 Drighlington Dynamos RC	20	1:02:40	124
128	Neil Midgley	M70	M70	 Holmfirth Harriers AC	5	1:02:52	123
129	Dan Thompson	M40	M40	 Horsforth Harriers	19	1:03:11	122
130	Martin Athey	M40	M40	 Dewsbury Road Runners	20	1:03:25	121
131	Jonathan Taylor	M50	M50	 Stainland Lions Running Club	23	1:03:30	120
132	Ian Johnson	M55	M55	 Stainland Lions Running Club	21	1:03:33	119
133	Simon Cope	M45	M45	 Dewsbury Road Runners	27	1:03:39	118
134	Alun Griffiths	M65	M65	 Saltaire Striders	8	1:03:47	117
135	Kiron Berrill	M45	M45	 Northowram Pumas Running Club	28	1:03:49	116
136	Paul Hayhurst	M50	M50	 Dewsbury Road Runners	24	1:03:58	115
137	Andrew Smithson	M55	M55	 Stadium Runners	22	1:04:15	114
138	Peter Russell	M60	M60	 Horsforth Harriers	14	1:04:23	113
139	Jason Duggan	M40	M40	 South Leeds Lakers Running Club	21	1:04:39	112
140	Rob Kersey	M70	M70	 Holmfirth Harriers AC	6	1:04:41	111
141	Chris Sawyer	M65	M65	 Valley Striders AC	9	1:05:43	110
142	Paul Butterworth	M45	M45	 Drighlington Dynamos RC	29	1:06:03	109
143	Martin Gebbett	M60	M60	 Horsforth Fellandale Club	15	1:06:18	108
144	Richard Dawson	M60	M60	 Bramley Breezers	16	1:06:36	107
145	Philip Jones	M65	M65	 Baildon Runners	10	1:08:42	106
146	Paul Butterfield	M65	M65	 Stainland Lions Running Club	11	1:09:25	105
147	Dave Lonsdale	M55	M55	 Baildon Runners	23	1:09:38	104
148	Stuart Gall	M45	M45	 St. Theresa's AC	30	1:10:33	103
149	Andrew Mace	M50	M50	 Valley Striders AC	25	1:15:07	102
150	Richard Smith	M75	M75	 Holmfirth Harriers AC	2	1:16:10	101



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Race 3 Individual Results (Men)**

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Date: 11/06/24

Pos	Name	Series Cat	Race Cat	Club	Cat Pos	Time	Score
151	Anthony Shaw	M75	M75	 Kirkstall Harriers	3	1:16:48	100
152	James Neale	M50	M50	 South Leeds Lakers Running Club	26	1:18:51	99
153	David Gee	M65	M65	 Sowerby Bridge Snails RC	12	1:19:00	98
154	John Fuller	M80	M80	 Kimberworth Striders	1	1:19:37	97
155	G Mark Richardson	M65	M65	 Dewsbury Road Runners	13	1:19:48	96
156	Andrew J W Smith	M55	M55	 Northowram Pumas Running Club	24	1:21:15	95
157	Russell Dyson	M75	M75	 Slaithwaite Striders	4	1:36:13	94